

## SAULT AREA PUBLIC SCHOOLS FALL/WINTER ELEMENTARY LUNCH MENU

Office of Food Service \* 904 Marquette Ave., Sault Ste. Marie, MI 49783  
Brenda Garland, Food Service Director \* (906) 635-3839 ext. . 5828, \* bgarland@eupschools.org

*Sault Area Public Schools Office of Food Service has a three week cycle menu for lunch. Breakfast is served daily in each building. The colors on the calendar indicate each week's cycle menu. Skim Chocolate and 1% White Milk is served with every meal. Menu is subject to change without notice.*

### Cycle Week 1

- Monday**  
Mac & Cheese  
WG Dinner Roll  
Green Beans  
Fresh Apple  
Chocolate Graham Crackers
- Tuesday**  
Hamburger  
WG Bun  
Steamed Corn  
Sliced Peaches
- Wednesday**  
WG Chicken Nuggets  
Mashed Potatoes  
Orange Wedges  
Gravy
- Thursday**  
Beef Nachos  
Crispy WG Chips  
Refried Beans  
Lettuce & Tomato  
Banana
- Friday**  
Hot Dog w/WG Bun  
Baked Beans  
Baby Carrots  
Fresh Grapes

### Cycle Week 2

- Monday**  
Smart Slice WG  
Pepperoni Pizza  
Fresh Baby Carrots  
Chilled Mixed Fruit
- Tuesday**  
Bosco Sticks  
w/Dipping sauce  
Steamed Corn  
Fresh Pears
- Wednesday**  
WG Chicken Chunks  
Mashed Potatoes  
Banana  
Gravy
- Thursday**  
Mini WG Corn Dogs  
Assorted Fresh Vegetables  
Raspberry Fruit Slushy
- Friday**  
Mac & Cheese  
WG Dinner Roll  
Steamed Broccoli  
Mandarin Oranges

### Cycle Week 3

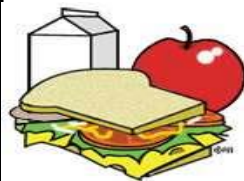
- Monday**  
Smart Sliced WG  
Pepperoni Pizza  
Fresh Broccoli  
Chilled Pineapple
- Tuesday**  
French Toast  
Syrup  
Strawberry Yogurt  
Baby Carrots  
100% Juice
- Wednesday**  
WG Chicken Chunks  
Mashed Potatoes  
Banana  
Gravy
- Thursday**  
Toasted Grilled Cheese Sandwich  
Hash Brown Starz  
Mandarin Oranges
- Friday**  
Chicken Patty  
On a WG Bun  
Baked Beans  
Sliced Peaches

### Elementary Meal Prices

Lunch	\$2.60
Reduced Lunch	\$ .40
Adult Lunch	\$3.85
Breakfast	\$1.75
Reduced Breakfast	\$ .30
Adult Breakfast	\$2.20
Milk or Juice	\$ .60

### Charge Policy

*We cannot provide credit, however, we will allow a grace period of two days, if a student account is otherwise in good standing. Only a reimbursable meal will be provided and the price debited from the account. If a deposit is not received during the grace period, we will provide a cheese sandwich & milk for two days. \$2.00 will be charged to the account each day. After two days, students will not be allowed to have lunch until the account is settled.*



***DON'T GET!  
TAKE AT LEAST ONE  
FRUIT OR  
VEGGIE  
AND AT LEAST THREE  
ITEMS TOTAL SO YOUR MEAL  
COUNTS AS A COMPLETE LUNCH!***

**MENU CHANGES!!  
November 10th &  
November 23rd**

**Turkey & Cheese Sandwich  
Carrots w/Dip  
Applesauce Cups  
Potato Chips**

M	T	W	T	F
<b>September 2016</b>				
*	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30
<b>October 2016</b>				
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				
<b>November 2016</b>				
*	1	2	3	4
7	*	9	10	11
14	15	16	17	18
21	22	23	*	*
28	29	30		
<b>December 2016</b>				
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	

**BREAKFAST IS SERVED DAILY IN  
ALL OUR BUILDINGS**

Assorted fresh fruits and vegetables, (which may include broccoli, carrots, celery, garbanzo beans and romaine salad) are offered daily in our cafeterias.

**USDA is an equal opportunity provider  
and employer**

**FREE & REDUCED MEAL APPLICATIONS!  
A NEW APPLICATION MUST BE SUBMITTED EACH YEAR TO  
RECEIVE BENEFITS**

*Free & Reduced applications can be submitted anytime during the school year as the need arises. Determining your eligibility is easy and will be handled with confidentiality and respect.*

*Families that qualify for free or reduced meals are eligible to receive a nutritious breakfast, lunch or both everyday.*

*You can apply online at [www.lunchapp.com](http://www.lunchapp.com)*

**IMPORTANT REMINDER!!!  
Please remember, it is your  
responsibility to make  
certain your child has  
money in his/her lunch  
account!**

**Prepay for School Meals Online  
[www.payforit.net](http://www.payforit.net)**