

Lesson 7 - The Strawberry Patch

Prep before lesson:

- Have enough strawberries to conduct a tasting activity with each student in the class.
- Bring the book The Little Mouse, The Red Ripe Strawberry, and THE BIG HUNGRY BEAR by Don & Audrey Wood
- Have a mystery box ready to use with you.
- Magnifying glass for each child
- A ruler
- Bookmark pg. 71 in Booklet 1-ripe strawberries
- Be sure to have a copy of Cool Puppy Pup video with you.
- Bring your Map of the Garden at Tasty Acres Farm
- Copies (1 per child) of the Strawberry Smoothie recipe and the Match the Strawberries activity sheet (front to back) pg. 37 & 35 in Grow It, Try It, Like It Booklet 7.

LESSON

Mystery Box Activity (10 Min)

- Re-introduce the mystery box.
- One at a time, ask each student to come and feel inside without looking. If a child seems afraid, feel inside the mystery box with a friend.
- Ask each student to describe quietly to you what he/she feels.
- Ask the group to guess what is in the box and reveal the strawberry.

Read Book: The Little Mouse, The Red Ripe Strawberry, and THE BIG HUNGRY BEAR by Don & Audrey Wood (15 min)

- Follow the book script.

MyPlate Activity (10 Min)

- Follow the instructions for the “Review Activity” on pg. 24 in Booklet 7 of Grow It, Try It, Like It.
- Dismiss the students to wash their hands by twos by asking them to name their favorite food and tell which food group it is in.

****Do the “Where Do You Come From?” Activity at the tables just prior to the taste testing**

Strawberry...Where Do You Come From? Activity (10 min)

- Follow steps 1-6 of script on pg. 9 in Grow It, Try It, Like It Booklet 7.

Strawberry Tasting Activity (10 Min)

- Talk about the strawberry and ask questions such as:
Is it a fruit or vegetable?
What shape is it?
What color is it?
How does it feel? (Bumpy? Smooth? Fuzzy?)
- Pass out a piece of strawberry to each student. Ask the students to wait until everyone gets one before tasting it.
- Ask the students to use all of their other senses to describe anything they can see, hear, smell, or feel when holding the strawberry.
- Ask how many have ever tasted a strawberry.
- Review the polite tasting rules and the saying “Don’t yuck on my yum”.
- Count to 3 and everyone taste the strawberry together!
- Provide descriptive words such as bumpy, red, sweet, juicy, and ask children to give their own descriptive words, avoiding words such as good, bad, yummy, etc.

Watch the Cool Puppy Pup’s Strawberry Lunch Party Video (15 Min)

- Follow video script (steps 1-5) on pg.15 in Grow It, Try It, Like It Booklet 7.
- Show the Map of the Garden at Tasty Acres Farms. Point to Peach Tree Orchard and tell the students that is where they visited today. Review all of the places they have visited over the course of the lessons.
- Show a copy of the Strawberry Smoothie recipe and the Match the Strawberries activity sheet and explain that each student will get one to take home to their family.

*Extension Activity: Strawberry coloring sheet pg.81 in Booklet 1