

Lesson 4 – Peach Tree Orchard

Prep before lesson:

- Have enough peaches to conduct a tasting activity with each student in the class.
- Bring the book And the Good Brown Earth
- Have a mystery box ready to use with you.
- Be sure to have a copy of Cool Puppy Pup video with you.
- Bring your Map of the Garden at Tasty Acres Farm
- Copies (1 per child) of the Peaches Ala Mode recipe and the Peachy Picture Frame activity sheet (front to back) pg. 29 & 30 in Grow It, Try It, Like It Booklet 6.

LESSON

Read Book: And the Good Brown Earth by Kathy Henderson (15 min)

- Follow the book script.

Mystery Box Activity (10 Min)

- Re-introduce the mystery box.
- One at a time, ask each student to come and feel inside without looking. If a child seems afraid, feel inside the mystery box with a friend.
- Ask each student to describe quietly to you what he/she feels.
- After guessing, ask the student to go wash hands and sit at table/desk while the other children finish guessing and washing.

Peach Tasting Activity (10 Min)

- Ask the group to guess what was in the mystery box and reveal the peach.
- Talk about the peach and ask questions such as:
Is it a fruit or vegetable?
What shape is it?
What color is it?
How does it feel? (Bumpy? Smooth? Fuzzy?)

- Pass out a piece of peach to each student. Ask the students to wait until everyone gets one before tasting it.
- Ask the students to use all of their other senses to describe anything they can see, hear, smell, or feel when holding the peach.
- Ask how many have ever tasted a peach.
- Review the polite tasting rules and the saying “Don’t yuck on my yum”.
- Count to 3 and everyone taste the peach together!
- Provide descriptive words such as fuzzy, red, yellow, sweet, juicy, and ask children to give their own descriptive words, avoiding words such as good, bad, yummy, etc.

Old MacDonald Had a Farm, Peach Style (10 Min)

- Follow the instructions the activity” on pg. 17 in Booklet 6 of Grow It, Try It, Like It.

Quick Food Group Review & Peach Reach Stretch (10 Min)

- Use the MyPlate poster to quickly review the food groups and have the students name a few foods for each group.
 - Follow instructions on pg. 22 & 23 in Booklet 6 of Grow It, Try It, Like It.

Watch the Cool Puppy Pup’s Peach Lunch Party Video

(15 Min)

- Follow video script (steps 1-5) on pg.13 in Grow It, Try It, Like It Booklet 6.
- Show the Map of the Garden at Tasty Acres Farms. Point to Peach Tree Orchard and tell the students that is where they visited today. Tell them that next time we will be visiting the Strawberry Patch.
- Show a copy of the Peaches Ala Mode recipe and the Peachy Picture Frame activity sheet worksheet and explain that each student will get one to take home to their family.

*Extension Activity: Peach coloring sheet pg.79 in Booklet 1